

US Bank Plaza Fitness Center Rules and Regulations

We want to make sure that all Fitness Center users respect the equipment and each other, so everyone can have a positive experience. This is an unstaffed Fitness Center and we trust our users will act respectfully, use their best judgment and be courteous of others while using the facility.

Fitness Center Rules and Regulations:

1. The Fitness Center is available for occupants/tenants of US Bank Plaza Complex only. Visitors, including family members, personal trainers and friends, are not permitted.
2. In the case of equipment malfunction, or facility conditions needing attention, please notify the building office immediately at 314-328-7060 between 8:00am and 5:00pm or Security at 314-418-2222 after hours.
3. The Fitness Center is not staffed. Persons using the Fitness Center will be doing so at their own risk. Ownership and building management are not responsible for any injury that may occur to individuals participating in any exercise activity.
4. You will need an access badge to enter the Fitness Center. The Fitness Center will be locked during business hours. You may not let people inside the center without proper access.
5. All users must be at least 18 years of age.
6. The Fitness Center offers a non-threatening environment to exercise. We discourage dropping weights, emotional outbursts, and loud noises or sounds while working out. Please respect others who are exercising.
7. All personal effects must be kept off the workout floor. Back packs, gym bags, etc., should be stored in lockers.
8. All lockers are used on a first come, first serve basis. If you use a locker, you are required to bring your own lock. Ownership and building management are not responsible for lost, stolen or damaged personal property. Lockers are for daily use only. Items left in lockers overnight will be removed.
9. Keep the facilities clean. Please pick up after yourself and discard your trash.
10. All dirty towels should be placed in towel bins provided upon exiting.
11. Machines should be wiped down after each use. Wipes are provided at different stations throughout the Fitness Center.
12. Re-rack weights after each use.
13. Proper athletic attire must be worn at all times. Shirts and shoes must be worn at all times. No sandals, open-toed or open-backed shoes are permitted. Any person not wearing appropriate attire may be refused access or asked to leave.
14. Food is not permitted in the Fitness Center. Closed container beverages are permitted.
15. During busy times, or whenever someone is waiting for a machine, each user shall observe a 30 minute time limit on all cardiovascular equipment.
16. Rules and Regulations are subject to change without notice.

NOTE: The Fitness Center reserves the right to refuse access to any person who violates any Rule or Regulation.

The undersigned hereby agrees to the foregoing, agrees to comply with the above Rules and Regulations, and agree that these Rules and Regulations may change at any time.

Signature: _____ Date: _____

Name (Print): _____ Company Name: _____